## 3.2.2.4.0.9 The quality of orgasms

Optimal sexual experience, followed by a comfortable death, is the only sensible concept in life.

We do not live to please a specific god, or for the sake of our children, and there is no meaning in an, however identified, common good. The only perspective that makes philosophical sense is that we live to please ourselves, and orgasms are the ultimate pleasure.

There are a good number of aspects that play a role in orgasms, and their quality. Orgasms aren't alike. Men can produce ejaculate as the result of laboring their sex organs, almost unaccompanied by sexual fantasies or sexual pleasure. They also can ejaculate almost involuntarily, purely as a result of psychological, not physiological stimulation. There is no doubt that the second kind of orgasms provides a much higher level of satisfaction.

In accordance with the materialistic principles of science, psychological aspects have their physiological equivalents. Jealousy, for example, is an emotion, but it also is a biochemical process. Nevertheless, I sort jealousy under psychological aspects because it has a mental expression. The health of my cardiovascular system, a precondition for good erections, does not have a primary mental expression... but nevertheless greatly influences the quality of my orgasms.

I am sure that the solution to the problem of loss of excitement in orgasms will first be pharmacological, then surgical, and finally genetical. It will not be psychological, and even less philosophical. When overcoming the loss of excitement in orgasms will be as easy as stopping by a pharmacy, there will no longer be any need for treatises as the one you are currently reading. Such essays will be as unnecessary as sessions with a psychotherapist for the purpose of overcoming depression. Go and buy yourself some Prozac.

The loss of the orgasm quality is physiological. Our brains and testes no longer produce the right mix of hormones, neurotransmitters, prostaglandins, peptides, and whatever else is of relevance to afford us the ultimate bliss.

Medical science so far does not concern itself much with orgasm quality, but there already are prescription pharmaceuticals, dopaminergics, that somehow improve orgasms. These drugs are used in the treatment of Parkinson's disease. However, in people not afflicted with Parkinson's, they tend to cause nausea. Worst in this respect is lisuride.

While the nausea may be bearable for some people more than for others, these Parkinson's medications are prescription drugs all the same for everyone. Some of them are also extremely expensive.

Butea superba, a Thai herbal, is probably the only pharmacological agent that improves orgasm quality without side effects.

Butea superba has a unique double mode of action by enhancing testosterone synthesis and inhibiting phosphodiesterase at the same time.

Phosphodiesterase inhibition is the route of action of prescription drugs for erectile dysfunction.

But butea superba doesn't feel like these prescription drugs. Butea superba facilitates erections more naturally because they happen in tandem with heightened libido.

And then, more specifically, butea superba extends the time frame of the pre-orgasmic plateau.

For most men, the pre-orgasmic plateau is just 2 or 3 seconds, and younger men often don't know how to enjoy it.

The pre-orgasmic plateau is the moment when male ejaculation becomes certain, regardless of whether penetrative thrusting is continued or not. Physiologically, it is the time when sperm and the fluids of the seminal vesicles accumulate at the base of the urethra for expulsion.

This phase of the orgasm is already highly pleasurable, even though younger men are hardly aware of it. Older men more often can enjoy this phase, and they stop penetration, and let it come all by itself.

Butea superba can extend this plateau phase, and give it a duration of 5 to 10 seconds, which feels like an eternity of the most exquisite pleasure.

Because the directors of porn movies usually demand that ejaculation happens in front of the lens, rather than inside the female body, studs often supplement with butea superba. Not only does butea superba help them to stay focused on their assignment of the day in spite of unromantic onlookers; butea superba also allows them more time to withdraw from the woman and position their vital organ before the camera before shooting their loads.