

3.2.2.3.4.13 Tongkat ali cancer therapy

There are a good number of scientific studies that have looked into the potential of tongkat ali in the battle against various forms of cancer. Most of these studies found that some chemical constituents of tongkat ali, such as eurycomanone, hold great promise as cancer medications.

Fine.

But my humble opinion is that all of these studies are based on a wrong approach.

Because genuine tongkat ali (and not the fake shit from China sold in North America, Europe, and Australia with a tongkat ali label) is a much more powerful anti-cancer agent than these studies suggest.

And here is why:

A very important factor in not falling ill to cancers is every person's own immune system. And the immune system is the most important link between psychology and physiology.

To experience great sex, even outrageously good sex, especially at an advancing or advanced age, is a psychological boost that directly elevates an individual's immune function. Wilhelm Reich tried to capture and measure this energy, but he was too far ahead of his time, and even by now, applicable measuring equipment has not yet been developed.

On the other hand, the universal healing power of great sex is well documented in non-Christian religions, especially Taoism.

While Taoist explanations of human health may be nonsensical in detail, Taoism is valuable for its holistic approach to our well-being.

Great sex on a regular basis, or, even better, on a daily basis, goes a long way fueling a man's immune system. And a powerful immune system goes a long way towards being cancer-free.

Tongkat ali is not the only aspect in improving sex. But unlike

adopting a comprehensive sexual philosophy, or smartly managing sexual opportunities, tongkat ali is an aspect of improving sex that one can just buy and swallow.

The relevance of this can hardly be over-estimated. Because, if your sexual quality is gone, you'll soon be a goner anyway. And cancer might well have been the avenue of your exitus.

References:

1 Leonardus B. S. Kardono , Cindy K. Angerhofer , Soefjan Tsauri , Kosasih Padmawinata , John M. Pezzuto , A. Douglas Kinghorn, Cytotoxic and Antimalarial Constituents of the Roots of *Eurycoma longifolia*, *Journal of Natural Products* Vol. 54, No 5, pp. 1360-1367, Sep-Oct 1991.

2 Suratwadee Jiwajinda, Vilai Santisopasri, Akira Murakami, Masanori Kawanaka, Hiromu Kawanaka, Monique Gasquet, Riad Eilas, Guy Balansard, Hajime Ohigashi, In vitro anti-tumor promoting and anti-parasitic activities of the quassinoids from *Eurycoma longifolia*, a medicinal plant in Southeast Asia, *Science Direct, Journal of Ethnopharmacology* Volume 82, Issue 1, 1 September 2002, Pages 55-58.

3 Nurhanan, M. Y., Azimahtol, H. L. P., Azizol, A. K., Cytotoxicity studies of *Eurycoma longifolia* extracts against a panel of human cancer cell lines., *Forest Research Institute Malaysia (FRIM), Towards modernisation of research and technology in herbal industries. Proceedings of the Seminar on Medicinal and Aromatic Plants, 24-25 July 2001 2002* pp. 124-127.

4 H.H. Ang, K.L. Chan, E.K. Gan, and K.H. Yuen, Enhancement of Sexual Motivation in Sexually Naive Male Mice by *Eurycoma longifolia*, *Informa Healthcare, 1997, Vol. 35, No. 2 , Pages 144-146.*

5 Sobri Hussein; Rusli Ibrahim; Kiong LingPick [Kiong, L. P. A.], A summary of reported chemical constituents and medicinal uses of *Eurycoma longifolia*., *Total Health Concept Sdn. Bhd., Journal of Tropical Medicinal Plants 2007 Vol. 8 No. 1* pp. 103-110.