

### 3.2.2.4.0.7 Growth hormone

I have tried almost every medication that has been reported to have sexual side effects. When I achieved no clear sexual effect from testosterone, I even tried female birth control pills. Not recommended.

Information on growth hormone on the Internet typically is of two categories:

1. enthusiastic reports on the use of growth hormone for practically every medical condition on sites that also sell growth hormone
2. critical reports, usually by people who have never tried it.

I have injected about 300 IUs of growth hormone over several months. I know one thing: you can forget it for sexual enhancement.