

### 3.2.2.3.5.3 What is the difference between tongkat ali and butea superba?

Both tongkat ali and butea superba are testosterone boosters. They twist the hypothalamic-pituitary-gonadal axis to allow higher plasma levels of free testosterone and dihydrotestosterone.

Thus, both herbals are useful in bodybuilding.

But beyond muscle mass, both herbals make men looking more attractive to women.

Numerous studies have shown that men look more attractive to women when they have comparatively high testosterone levels.

Attractiveness isn't measurable like biceps circumference. But the correlation is clear.

Even women don't know why they find men with high testosterone more sexy. But they do. It's as if high testosterone evaporates from every cell of the male body and creates an aura of sexual attractiveness.

Thus, good looks can be enhanced by both tongkat ali and butea superba.

But beyond this and other similarities, butea superba is more penile, or in women, more clitoral.

Butea superba is the world's only natural phosphodiesterase inhibitor. Mind you, sildenafil, tadalafil, and vardenafil, the active ingredients in prescription drugs for the treatment of erectile dysfunction, are all phosphodiesterase inhibitors.

But the pro-erectile effects of butea superba are more subtle, and because they go along with elevated testosterone, penile and clitoral erections with butea superba are accompanied by heightened sexual desire.

This combination of effects is particularly relevant for female users of

butea superba. It helps women to cross the fine line between remaining unsatisfied and achieving orgasm.

Many women have problems achieving orgasm because their clitoral erections are insufficient or collapse.

The course of events goes like this. Women get aroused in foreplay, and the clitoral body gets erected and protrudes from the clitoral hood. In this physiological state, they are primed for orgasm.

But if clitoral stimulation then does not produce an orgasm in a straight consequence, the clitoral erection breaks down due to oversensitivity, and the clitoral glans retreats into the hood.

When this happens, many women no longer can orgasm. Too bad, indeed.

And this is where the butea superba can kick in. Because it inhibits phosphodiesterase, the clitoral erection won't collapse as easily, and the clitoral glans doesn't retreat into the hood.

And voila, a woman can have a really fine orgasm, sometimes even from penetration rather than oral sex.

For men, the penile effect of butea superba is slightly different. Sure, butea superba in sufficiently high dosages maintains erections which would otherwise collapse.

But the phosphodiesterase inhibition of butea superba also articulates itself as a rather specific orgasmic sensation during ejaculation.

Normally, the relaxation of cavernosal tissue sets in on the preorgasmic plateau phase, and it effects the wallings of penile blood vessels. This is delayed by butea superba, which prolongs urethral constriction.

As an effect of butea superba-prolonged urethral construction, there is a stronger sensation during ejaculation, when semen is expelled. The butea superba-aided sensation of the semen load passing through the urethra is highly pleasurable indeed, and expands the

area of immediate orgasmic sensation from the perineum right to the glans.

Actually, many men have never experienced this sensation before going on a *butea superba* regimen.